

MOVE MATE · MOVING COMMAND CENTRE

Harbour-to-Maple Demo Move

Halifax, NS → Fredericton, NB

Move date: 2026-10-24

Fictional sample · private, local-only planning aid

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Not legal, tenancy, inspection, insurance, tax or financial advice.

Eight-week timeline

Done	week	task	owner	due
☒	8 weeks before	Create moving binder and set a working budget	Avery	2026-08-29
☒	8 weeks before	Request written quotes and verify mover details	Jordan	2026-08-29
☒	8 weeks before	Measure large furniture and doorways	Jordan	2026-08-29
☒	7 weeks before	Sort donate, sell, recycle and pack groups	Avery	2026-09-05
☐	7 weeks before	Start a room-by-room inventory	Jordan	2026-09-05
☐	7 weeks before	Gather boxes, tape, labels and markers	Jordan	2026-09-05
☐	6 weeks before	Confirm school, child-care and pet-care transition needs	Avery	2026-09-12
☐	6 weeks before	Review tenancy, condo or building move procedures with the proper authority	Jordan	2026-09-12
☐	6 weeks before	Book elevators or loading access if applicable	Jordan	2026-09-12
☐	5 weeks before	Begin packing low-use rooms	Avery	2026-09-19
☐	5 weeks before	Create the address-change list	Jordan	2026-09-19
☐	5 weeks before	Plan travel and moving-day care	Jordan	2026-09-19
☐	4 weeks before	Confirm moving-day schedule and contacts	Avery	2026-09-26
☐	4 weeks before	Arrange utility and service transfers	Jordan	2026-09-26
☐	4 weeks before	Back up important digital files	Jordan	2026-09-26
☐	3 weeks before	Pack décor, books and off-season items	Avery	2026-10-03
☐	3 weeks before	Photograph electronics before disconnecting	Jordan	2026-10-03
☐	3 weeks before	Prepare important documents for personal transport	Jordan	2026-10-03
☐	2 weeks before	Confirm mover, helpers, parking and access	Avery	2026-10-10
☐	2 weeks before	Use freezer and pantry food	Jordan	2026-10-10
☐	2 weeks before	Prepare first-night essentials	Jordan	2026-10-10
☐	1 week before	Pack most remaining items and label every box	Avery	2026-10-17
☐	1 week before	Confirm key handoff and entry arrangements	Jordan	2026-10-17
☐	1 week before	Set aside cleaning supplies and tools	Jordan	2026-10-17
☐	Moving week	Complete a final walkthrough and meter/photo notes	Avery	2026-10-24
☐	Moving week	Keep documents, medication and valuables with you	Jordan	2026-10-24
☐	Moving week	Check box count at departure and arrival	Jordan	2026-10-24
☐	1 week after	Unpack safety, sleep and hygiene essentials	Avery	2026-10-31
☐	1 week after	Check delivered items and record visible damage	Jordan	2026-10-31
☐	1 week after	Test smoke/CO alarms as applicable	Jordan	2026-10-31
☐	2 weeks after	Finish priority address updates	Avery	2026-11-07
☐	2 weeks after	Review expenses and keep receipts	Jordan	2026-11-07
☐	2 weeks after	Update the binder with unresolved tasks	Jordan	2026-11-07

Room inventory

Done	room	item	quantity	action	box	priority
☒	Kitchen	Small appliances	4	Pack	BX-014	Medium
☐	Living room	Floor lamp	1	Move		High
☐	Bedroom	Winter linens	2	Pack	BX-021	Low
☐	Storage	Outgrown sports gear	1	Donate		Low

Box tracker

Done	number	room	contents	fragile	priority	status
☒	BX-014	Kitchen	Kettle, toaster, tow els	Yes	Open first	Packed
☐	BX-021	Bedroom	Winter linens	No	Normal	Labelled
☐	BX-031	Bathroom	Tow els and sealed toiletries	No	First night	Planned

Address-change checklist

Done	organization	category	method	target Date	confirmation
☐	Canada Revenue Agency	Government	Official account or instructed channel	2026-10-24	
☐	Provincial/territorial health plan	Government	Official provincial/territorial service	2026-10-24	
☒	Bank and credit card providers	Financial	Provider account	2026-10-20	Updated demo account
☐	Employer or pension administrator	Work	HR process	2026-10-19	
☐	Family and regular correspondents	Personal	Direct notice	2026-10-25	

Utility-transfer log

Done	service	provider	stop Date	start Date	reference
☒	Electricity	Demo Pow er	2026-10-24	2026-10-23	REF-DEMO-101
☐	Internet	Sample Fibre	2026-10-24	2026-10-25	INSTALL 09:00–12:00
☐	Tenant/home coverage contact	Example Broker			Ask provider w hat updates are required

Contacts and schedule

Done	date	time	contact	role	phone	location
☐	2026-10-24	07:30	Jordan	Old-home w walkthrough	555-0101 (fictional)	Old home
☐	2026-10-24	08:00	Demo Moving Co.	Crew arrival	555-0114 (fictional)	Old home
☐	2026-10-24	15:30	Avery	New -home entry check	555-0102 (fictional)	New home

Child and pet transition

Done	type	name	need	person	timing
☐	Child	Child A (demo)	Comfort bag, favourite book, routine card	Avery	Moving day
☐	Pet	Miso (demo cat)	Carrier, food, w ater, litter, vet contact	Jordan	Quiet-room setup first

First-night box

Done	category	item	packed With
☒	Documents	Moving documents and key contacts	Carry personally
☐	Health	Medication and basic first aid	Carry personally
☐	Sleep	Bedding and sleepwear	BX-001
☐	Kitchen	Water, easy meal, mugs and utensils	BX-002
☐	Tools	Chargers, flashlight, tape and basic tools	BX-003

Damage / photo filename log

Done	date	location	subject	filename	note
☒	2026-10-23	Living room	Media cabinet before move	2026-10-23-oldhome-livingroom-media-cabinet-01.jpg	Fictional filename only; photos are not stored in MoveMate.
☐	2026-10-24	New home	Entry wall on arrival	2026-10-24-new home-entry-wall-01.jpg	Record observation; follow applicable process separately.

New-home checklist

Done	area	task	priority
☐	Safety	Locate exits, shutoffs and electrical panel	First hour
☐	Safety	Check smoke and carbon monoxide alarms as applicable	First day
☐	Utilities	Confirm essential services are working	First day
☐	Access	Confirm keys, fobs and building instructions	First day
☐	Comfort	Set up sleep, bathroom and pet/child safe areas	First night

Expense tracker

Done	category	description	estimated	actual	paid	receipt
☐	Mover	Demo moving quote	1450	0	No	quote-demo.pdf
☒	Supplies	Boxes and packing materials	180	164.25	Yes	receipt-demo-001.jpg
☐	Travel	Fuel and meals	220	0	No	